

# ANNUAL REPORT RAMADAN 2022 - RAMADAN 2023

OUR ACHIEVEMENTS THROUGH YOUR CONTRIBUTIONS

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CANADIAN REGISTERED CHARITY (73174 6681 RR0001)

# OUR MISSION VISION & VALUES

#### **OUR VISION**

A world where everyone has access to the basic necessities in life, living self-sufficiently with spiritual development.

#### **OUR VALUES**

Inspired by the Holy Household (as), The Zahra(s) Trust Canada aims to assist people in the practices taught by them with the principles of our faith.

#### **OUR MISSION**

The Zahra(s) Trust Canada's mission is to aid those suffering from war, poverty and famine by providing basic philanthropic needs, enabling them to survive and making them self-sustainable so that they will no longer require aid.

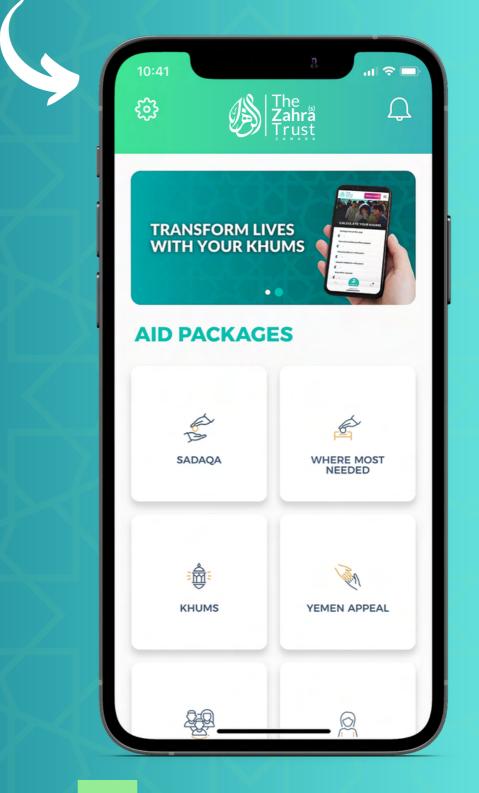
#### WHAT WE DO

- Provide emergency aid to those in need as a result of conflict and natural disasters
- Provide seasonal support throughout key periods such as Shahr Ramadan, Eid ul-Adha and Muharram
- Provide food aid to families that experience a chronic lack of access to nutritional food items
- Empower communities through education and development programmes
- Facilitate access to quality healthcare and medication for those that are unable to afford it
- Support the institution of the family through the provision of welfare, easing the burden of breadwinners to provide
- Facilitate access to formal and spiritual education and training to enhance community development

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## A MESSAGE FROM THE TEAM

Over the last year, the need for our work has unfortunately continued to grow. The year was marred by various disasters and conflicts in addition to the existing chronic poverty across the world.

Formerly known as The Zahra Foundation, The Zahra(s) Trust Canada team grew and expanded in Canada while its capacity increased in the field to deliver your donations farther and vaster, which we continued to see was necessary as the need for humanitarian aid for millions of people continued to increase.

Our UK and international teams constantly prioritized and adapted to emergency situations as they took place. We are proud that our teams across our areas of operation were almost always the first and sometimes the only NGOs on the scene. From floods in Pakistan to conflict in Afghanistan to the earthquake in Türkiye and Syria, emergencies arose continuously throughout the year.

While emergencies cannot be controlled or anticipated, they have a much more significant impact than just the immediate aftermath. Although our rapid aid response is now expertly refined, the increase in emergencies has meant that all aid organizations now must divert attention from ongoing sustainable development work to lift people out of poverty.

Despite the difficulties, we continue to deliver long-term support to assist people out of the cycle of chronic poverty.

The effects of the COVID-19 pandemic were felt globally as economies dipped, impacting those already vulnerable. In addition to families from developing nations, families in our own communities struggled with the cost-of-living crisis and had to make the difficult choice to either eat or heat their homes.

The year may have been one that saw suffering at record levels, but the silver lining was the massive outpouring of support we received from people all over the world. The generosity of our donors, volunteers and supporters continues to amaze and astound us, and we are truly grateful that you make our work possible every day.

At The Zahra(s) Trust Canada, we aim to see a world free of poverty and suffering. We focus our support on some of the most marginalized groups in society that are often forgotten or unreached by aid groups. You were a lifeline of hope and support to the hopeless, destitute and forgotten, reminding them that they are valued and cared about.

We express our heartfelt gratitude to you for your unwavering support towards our beneficiaries. Whether through your donations, spreading awareness about their struggles, or keeping them in your thoughts and prayers, your efforts have made a meaningful impact. Please know that you are constantly in our thoughts as well as in the thoughts of those we serve.



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### EMERGENCY HUMANITARIAN AID

Over the last year, millions of people have been impacted by humanitarian emergencies. Many of those affected will have already been affected by recent or ongoing crises and will have been brought to the brink of complete devastation.

Throughout its areas of operation, The Zahra(s) Trust Canada is poised to respond to emergency crises as they unfold. Be it due to conflict, natural disaster, famine, drought or a critically deteriorating humanitarian situation due to a combination of these causes, our expert teams are on the ground within hours, conducting rapid needs assessments and distributing urgent, tailored humanitarian relief in response. Our teams work tirelessly during these emergencies with little sleep or sustenance to ensure that people in need receive vital, impactful care in a timely manner.





**Conflict alone drives 80% of humanitarian needs.** *WORLD BANK* 



A record 37 million children worldwide were displaced by conflict alone last year. This figure has not been reached since the second world war and does not include displacement by other means, such as natural disasters. UNICEF 2022



The United Nations Global Humanitarian Overview 2021 reports that 235 million people worldwide require humanitarian assistance and protection.



The Uppsala Conflict Data Program reports that in 2021, there were 46 active armed conflicts worldwide, resulting in the displacement of over 50 million people. Yemen and Afghanistan remain among the countries most affected by armed conflict, with ongoing violence and political instability exacerbating humanitarian needs.



The World Bank estimates that the number of people living in extreme poverty increased by 131 million in 2020 due to the COVID-19 pandemic, with the total number of people living in extreme poverty now standing at over 700 million globally.



#### TÜRKIYE & SYRIA EARTHQUAKE

The devastating earthquakes that struck the area between Türkiye and Syria in early February 2023 claimed the lives of over 55,700 people and impacted millions more with displacement and a lack of food and clean water. Without even basic necessities, people were left hungry and without shelter in very low temperatures. Millions of those affected by the earthquakes have already faced violence, displacement and ongoing trauma. They will now face even more hardship as their lives have been torn asunder, as they are now doubly displaced.

Those that the devastation has impacted will continue to face the aftermath in coming years as they attempt to recover emotionally and physically and rebuild their lives and livelihoods.

The Zahra(s) Trust Canada's local team and 12 doctors risked their lives arriving within hours of the initial earthquake and through the subsequent aftershocks, providing thousands of families with one-month staple food parcels, drinking water, baby formula, diapers, walking aids, blankets, clothing and temporary shelters. Work is ongoing; however, it is projected that over 60,000 people will benefit directly from The Zahra Trust Global team's relief efforts.





It has been reported that at least **55,700 people** have died as a result of the earthquake, and at least **125,626 people** have suffered from injuries.



The widespread destruction of homes and infrastructure has left over **2.4 million** people displaced and without a safe place to stay.



The earthquake that struck Syria and Türkiye has impacted a total of **24 million people**, leaving behind a trail of destruction and displacement.



No less than **200,089 buildings** have been destroyed, highlighting the scale of the disaster and the long road to recovery ahead.

## AFGHANISTAN & PAKISTAN EARTHQUAKE

One of the deadliest earthquakes to hit the region in twenty years at a magnitude of 6.2 struck Afghanistan and parts of Pakistan in June 2022, killing 1,163 people, injuring over 6,000 more and destroying at least 10,000 homes. The Zahra Trust provided support in the form of emergency necessities such as food, water, and medical aid to those affected in Afghanistan and Pakistan, as well as shelter support and medical assistance to those injured or displaced. This aid had an estimated reach of 3,500 people.



# We provided emergency relief to over 100,000 people

In the last year, the aid we have provided includes food, shelter, clean water, clothing, blankets, baby formula, diapers, hygiene kits, emergency medical assistance, medicines, first aid equipment, walking aids and security features like cameras.





# **PAKISTAN FLOODS**

Unprecedented flooding in Pakistan led to the deaths of 1,739 people and billions of dollars in damage to homes and essential local infrastructure. The death toll is expected to continue to rise as stagnant water means the threat of illness and disease for over 4 million children and many more vulnerable adults in the aftermath. The Zahra Trust's local teams were on the ground during the floods to provide critical essentials to those displaced or otherwise affected. Our teams provided food to 1,359 families, shelter to over 120 families, repaired damaged homes, provided medical assistance and distributed clothing and clean water following a rapid needs assessment to support families that had lost their home and all their belongings in the floods. Our team continues to provide essential aid for 6,000 individuals as the effects of the floods continue to devastate communities left without homes and clean water sources.





## **AFGHANISTAN FLOODS**

In August 2022, Logar Province in Afghanistan was hit by severe flooding, which left thousands of families displaced and struggling to access basic necessities like food, water, and shelter. The flooding was caused by heavy rainfall that triggered flash floods, which swept away homes, infrastructure and crops.

In response to this crisis, The Zahra(s) Trust Canada was dedicated to providing aid to vulnerable communities; with the support of donors, our global team stepped in to provide much-needed support to those affected. The groups quickly mobilized resources to provide general flood relief to 756 families in the region, which included emergency supplies like food, clean water, hygiene kits, and medical assistance.

The Zahra(s) Trust Canada's response to this emergency was crucial, as many affected families were left without access to basic necessities and were at risk of further displacement or illness. The timely intervention helped to alleviate some of the immediate suffering experienced by those impacted by the flooding in Logar Province. However, the long-term needs of the affected communities are likely to be significant, and ongoing support and resources will be necessary to support recovery efforts. The Zahra(s) Trust Canada remains committed to providing this support in the coming years.

## ATTACKS ON OUR COMMUNITIES

Internal conflicts and turmoil led to several attacks on communities in Afghanistan and Pakistan. In schools and religious centres, where people should feel safe and secure, deadly attacks were carried out on men, women and children trying to better themselves. Sadly, these attacks appear to occur frequently, and The Zahra(s) Trust Canada's local teams are called to attend these scenes to assist. These are some of the attacks that we responded to:

- Pakistan mosque blast in March 2022: A mosque in Peshawar is attacked, killing 63 and injuring 196 worshipers
- Kabul, Afghanistan school blast in April 2022: Attacks on school kill six and injure at least 20
- Kabul, Afghanistan mosque attack in August 2022: 21 worshippers killed and 33 injured
- Kabul, Afghanistan School blast in September 2022: Kabul school attack targeting a girls' school took the lives of 52 people, most of whom were children

Our assistance reached around 6,500 people through medical assistance, help with funeral costs and arrangements, food and financial aid. The Zahra Trust also installed security features within schools and mosques in high-risk areas.



O you who have believed, be persistently standing firm in justice, witnesses for Allah, even if it be against yourselves or parents and relatives. Whether one is rich or poor, Allah is more worthy of both.

Surah An-Nisa, Verse 135

# YEMEN CRISIS

#### Yemen is one of the world's largest humanitarian crises – and children are being robbed of their futures.

#### UNICEF, 2023

Although now featuring far less in the headlines, the ongoing humanitarian crisis continues to increase in severity. The humanitarian crisis in Yemen, often referenced as the worst in the world today, disproportionately impacts children who suffer stunting, malnourishment and chronic illness.

The Zahra(s) Trust Canada continued its ongoing response to the emergency humanitarian situation in Yemen by providing food, water, shelter and medical assistance to the people of Yemen, of whom it is estimated that a staggering 80% of the population rely on humanitarian aid amid the crisis. In response to the long-term needs, The Zahra(s) Trust Canada is establishing sustainable development projects to provide for thousands in the long term.



A staggering 23.4 million people will require some form of humanitarian assistance in 2023, as 80 percent of the country's population struggles to access food, safe drinking water and adequate health services. UNICEF, 2023



More than 17.8 million people, including 9.2 million children, lack access to safe water, sanitation and hygiene (WASH) services. UNICEF, 2023



Yemen's health system is extremely fragile: only 50 percent of health facilities are functional, leaving 21.9 million people without adequate access to health care. Immunization coverage has stagnated nationally, with 28 percent of children under one year of age missing routine vaccinations. UNICEF, 2023



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# WATER & SANITATION

Clean water is a human right for a good reason; it is the difference between life and death. Sometimes, access to water that is not clean is almost as bad as having none at all, with contaminated water accounting for hundreds of thousands of deaths each year due to the transmission of diseases such as cholera, dysentery, typhoid and polio. This crisis disproportionately affects children and older adults.

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Throughout the year, The Zahra(s) Trust Canada Global team facilitated access to clean water sources for over **1.32 million people** 



2 billion people are impacted by water poverty, drinking from sources that are contaminated with feces WHO 2022



Some 829 000 people are estimated to die each year from diarrhea as a result of unsafe drinking water, sanitation and hand hygiene WHO 2022



#### WATER FILTRATION PLANTS

With the correct care and specialist maintenance, water filtration plants can provide a permanent solution to water scarcity. The Zahra(s) Trust Canada Global team has installed 7 water filtration plants across Yemen, Iraq and Pakistan, providing water for over 2,100 people daily; these continue to be regularly maintained.

#### BOREWELLS

In Kenya, where 65% of the country's land is considered arid or semi-arid, natural water sources are difficult to access. The Zahra(s) Trust Canada Global team committed to installing three borewells to provide a permanent source of water to communities that require facilitation of access to water near their homes. We are currently in the process of constructing these deep borewells to ensure that entire communities can benefit from this initiative permanently. These wells require maintenance as well as frequent testing to ensure that the water quality is maintained and a lasting solution to water poverty.

# WATER WELLS

Water wells are a long-term source of clean water, providing residents of remote villages with a stable water source and protecting them from the spread of disease. Over the last year, The Zahra(s) Trust Canada Global team has installed over 300 wells in Pakistan, facilitating water for thousands of people who otherwise would have struggled to access clean, safe water to drink and cook.

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# **FOOD AID**

Food insecurity continues to be an issue that plagues millions of families worldwide who do not know where their next meal will come from. A lack of access to a range of nutritious foods leads to many issues, including malnutrition, malnourishment and stunting in young children, sometimes leading to lifelong conditions.

The Zahra(s) Trust Canada provides food sources to millions of people each year in various ways. Our family food parcels contain a range of staple food items that can feed a family of five for up to one month. Food packs contain large amounts of local food items, which can include rice, pasta, flour, lentils, chickpeas, oil, tea, sugar, tomato paste and sesame paste.

All items for food packs are purchased locally, meaning that this type of aid is multidimensional as local suppliers and communities directly benefit from the distributions as well as the direct recipients of the support. Over the last year, The Zahra(s) Trust Canada Global team distributed 18,817 food parcels to families in need across our areas of operation.





#### RAMADAN

In the month of Ramadan, food distributions increase so that families struggling to purchase food for Iftar and Suhoor meals are cared for during the holy month. In addition to one-month food parcels, we also arrange for the preparation and distribution of hot, nutritious meals for families at community Iftars. A staggering 135,156 hot meals were distributed across our areas of operation.

#### QURBANI

The diets of impoverished families are often incredibly limited and usually do not contain protein sources, such as meat, which is crucial for development. The Zahra(s) Trust Canada provides fresh meat from local cattle across the areas in which it works, providing meat to families who would otherwise not have access to it. Over the last year, our Global team distributed meat parcels to over 92,246 families in need through our Qurbani program.

#### **SCHOOL LUNCHES**

Children from disadvantaged backgrounds are doubly disadvantaged when they are unable to have nutritious meals to sustain them while they learn. The Zahra(s) Trust Canada Global team provides around 1,000 lunches per day during term time to children in Iraq and Afghanistan to ensure that they receive nutritional support for their educational needs and to alleviate their families' financial hardship by providing them with meals.





As part of our food programmes and initiatives, in 2022 across our areas of operation:

#### We distributed over one-month staple food packs to 21,386 families in need feeding individuals



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We distributed

méals

We distributed food to over **300,000** Zuwar during Arbaeen

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We provided over 92,456

meat parcels to over 461,230 people

We fed over 1.1 million individuals



# HOUSING & SHELTER

The stability and comfort a safe, secure home or shelter can offer a family cannot be overstated. At The Zahra(s) Trust Canada, we implement housing and shelter projects in emergencies and as part of our long-term development initiatives. The foundation of our work is maintaining the dignity of our beneficiaries, and in this instance, we provide each family with the deeds to the home we construct for them. Handing over the ownership rights to a family affords them the stability they lost when they were displaced and relieves at least one of their concerns about providing and surviving.

During the Türkiye and Syria earthquake, the Pakistan floods and Afghanistan earthquake, our team provided tents and temporary accommodation to more than 300 displaced families. In Pakistan, where natural disasters affected millions and destroyed thousands of family homes, The Zahra(s) Trust Canada began the process of helping affected families recover by constructing new homes. With plans to build 200 homes, our Global team has already constructed five, with work continuing to house even more families as soon as possible.





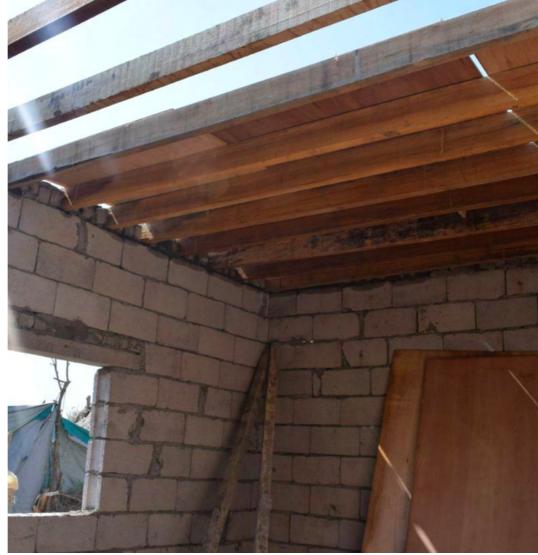
The Zahra(s) Trust Canada Global team provided housing and shelter support for over 9,100 individuals.



















## YEMEN HOUSING PROJECT

The Zahra(s) Trust Canada's Yemen team also began constructing homes to secure 200 families. Following a successful pilot scheme which saw the construction of five homes last year, The Zahra(s) Trust Canada Global team has completed 12 homes and is now actively fundraising for the remainder of the homes to reach the aim of homing 200 vulnerable families.



















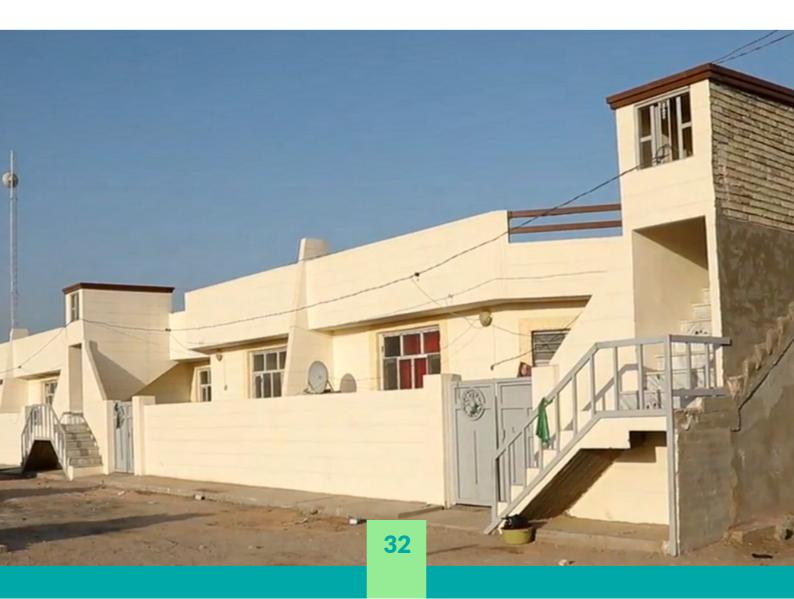


#### ORPHAN & WIDOW VILLAGE

Iraq is home to The Zahra(s) Trust Canada and The Zahra Trust's Orphans and Widows village, which currently houses 20 female-headed households within a secure compound. This community is thriving, and plans are ongoing to continue to expand the village, constructing even more homes and providing holistic support to widows and orphans.

In some instances, families have access to a safe home for their families but struggle or are unable to afford rent; therefore, they are forced to limit food and water consumption or are prevented from seeking medical treatment.

The Zahra(s) Trust Canada provides financial assistance to families in this instance to help ease the burden and prevent them from having to make such difficult choices. Over the last year, The Zahra(s) Trust Canada's teams across the Middle East disbursed financial aid to over 1,500 families to help cover their rent and refurbish their homes where there is significant damage, allowing them to achieve a better quality of life.





# **PAKISTAN HOMES**

In response to the devastating floods that hit Pakistan last year, The Zahra(s) Trust Canada took action to provide essential housing for those impacted by the disaster. The monsoon rains triggered the most severe flooding in Pakistan's history, leaving hundreds of thousands of homes damaged or destroyed and around 3.4 million children in need of assistance.

The Zahra(s) Trust Canada recognized the urgent need for shelter and resources for those affected by the disaster and began building new housing units. These units have provided much-needed protection and security for vulnerable families who had lost their homes and possessions to the floods.

Additionally, the new housing units provided access to clean water, sanitation facilities, and other vital resources necessary for families to rebuild their lives. The Zahra(s) Trust Canada's efforts to build housing in the wake of the floods in Pakistan demonstrate the commitment to providing sustainable solutions to humanitarian crises. The work carried out has undoubtedly helped alleviate some of the suffering experienced by those impacted by the disaster.





# WHERE WE WORKED

#### Iraq:

- 2.4 million people are in acute need of food and livelihood assistance. WFP 2022
- Nearly 3 million people (1.3 million children) affected by the protracted conflict continue to need humanitarian assistance. This includes 1 million people (463,760 children) with acute humanitarian needs and 990,500 children and women at risk of gender-based violence. UNICEF 2022
- 1.4 million children in Iraq live in poverty, and 2.4 million Iraqis are internally displaced. UNICEF 2022
- 3 million children do not have access to regular education. UNICEF 2022

#### Yemen

- With 80% of the population in need of humanitarian aid and protection in Yemen, it is now the largest humanitarian crisis in the world. *UN Yemen* 2023
- More than 14 million people are in acute need, and more than three million people have been displaced from their homes since 2015. UN Yemen 2023
- Currently, 3.2 million children are internally displaced. UNICEF 2023
- 400,000 severely malnourished children are at risk of death in Yemen. UNICEF 2023

#### Tanzania:

- Providing universal access to water supply, sanitation, and hygiene (WASH) could reduce Tanzania's economic losses by \$1.9 billion per year by 2030. Only 61 percent of households have access to essential water supply, 32 percent to basic sanitation, and 48 percent to basic hygiene (per the Sustainable Development Goals' definitions). World Bank 2023
- Over 50% of children currently experience either monetary poverty, nonmonetary poverty or a combination of both. UNICEF 2022
- Chronic malnutrition rates are above the African average, with 32 percent of children under five being stunted and 34% of children under 5 being stunted. *WFP* 2023

#### Lebanon:

- Lebanon is almost three years into an economic and financial crisis that is among the worst the world has seen. World Bank 2022
- 46% of Lebanese households are food insecure. WFP 2022
- 88% of Syrian refugees in Lebanon are extremely poor. WFP 2022
- Between October 2019 and April 2022, the national currency lost more than 90 percent of its value, and the price of the basic food basket monitored by WFP recorded an eleven-fold increase. WFP 2022

Türkiye

Lebanon

Irad

Yemen

Kenva

Tanzania

#### Kenya:

- 35.6% of people live on less than US\$ 1.90 a day WFP 2022
- 29% of children in rural areas are stunted WFP 2022
- Malnutrition remains high, with 29 percent of children in rural areas and 20 percent of those living in cities stunted WFP 2022

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#### Afghanistan:

- 24.4 million people in Afghanistan are projected to be in humanitarian need. Almost 23 million people are projected to face acute food insecurity. UN Afghanistan 2022
- Over one million children risk dying from severe acute malnutrition. UN Afghanistan 2022
- **15.2** million children are in need of humanitarian assistance. *HNO 2023*
- **17.6** million people will need health humanitarian aid. *HNO 2023*

Afghanistan 🍸

India

### Syria (Earthquake Emergency only, in Partnership with UNHCR):

- At least 7,259 people were killed, including 2,153 children and 1,524 women as a result of the earthquake. *RELIEF WEB 2023*
- An estimated 5.37 million people across Syria may have been made homeless, while 10.9 million people, nearly half of Syria's population, were affected. RELIEF WEB 2023
- More than 123 residential areas, villages, towns and cities were badly damaged. Many power plants, water facilities, hospitals and public infrastructure also sustained damage. At least 453 schools were damaged. *RELIEF WEB 2023*

#### **Pakistan:**

- An additional nine million people risk being pushed into poverty on top of the 33 million affected by last summer's devastating floods in Pakistan. UNDP 2023
- By mid-January 2023, as many as 4 million children lived near contaminated and stagnant flood waters, risking their survival and wellbeing. UNICEF 2023
- Approximately 54.6 percent of the rural population is multidimensionally poor. WFP 2022
- 16.4 percent of Pakistanis (38 million people) are moderately or severely food insecure, and 1.8 percent are severely food insecure. WFP 2022
- Currently, Pakistan has the world's secondhighest number of out-of-school children (OOSC), with an estimated 22.8 million children aged 5-16 not attending school. UNICEF 2023

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#### India:

• 664 million people are in need of humanitarian assistance, including 286 million children. UNICEF 2022

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- **1.3 billion people suffer from food- and nutrition**related challenges. WFP 2022
- The 2022 Global Hunger Index ranks India at 107 out of 121 nations, six places lower than its previous ranking. *Global Hunger Index 2022*
- The country has 18 percent of the world's population, but only 4 percent of its water resources, making it among the most water-stressed in the world. World Bank 2023

#### **Türkiye**:

- More than 48,400 lives have been claimed due to the earthquake, and 115,000 were injured across the 11 provinces of Türkiye. *RELIEFWEB 2023*
- By 23 February 2023, the Ministry of Environment, Urbanization and Climate Change conducted damage inspections for 1.25 million buildings, revealing 164,000 buildings were either destroyed or severely damaged.
- The International Organization for Migration estimated that about 2.7 million people were made homeless.

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## EDUCATION & SKILLS TRAINING

The primary route out of poverty is through education and training to obtain marketable skills. Education has the power to benefit the individual learning directly but also entire families, communities and nations. Due to poverty and adverse circumstances, millions of children are forced to seek low-paid labour jobs and therefore do not attend school, severely curtailing their future prospects.

The Zahra(s) Trust Canada supports education for children and adults in various ways, from constructing and refurbishing schools to providing vital learning equipment and items. With a focus on widows and orphaned or otherwise vulnerable children, we assist by facilitating the route out of poverty for those who would otherwise struggle to access it.

In Kabul, Afghanistan, The Zahra(s) Trust Canada caters to 300 children of primary school age, providing them with quality uniforms, education equipment and two free meals per day throughout each term. We ensure they have a safe and secure learning environment and that fully trained faculty staff and their families are cared for. We are in the process of developing the school further to equip it with the latest facilities, such as smart boards and provide school uniforms for the children.





In Iraq, The Zahra(s) Trust Canada supports education for orphans, widows and vulnerable children in its care. It supports four schools in Karbala, connecting adults and children in need with access to vital education. In addition to supporting the education of over 1,000 children, we have refurbished two schools in Karbala which provide over 920 children access to learning that they otherwise would not be able to afford.

#### School supplies:

The cost of school supplies and equipment is often the barrier to education that prevents children from learning during their formative years. For this reason, The Zahra(s) Trust Canada equips around 3,000 children each year to ensure that financial hardship and poverty do not prevent education.



Learning poverty has increased by a third in low- and middleincome countries, with an estimated 70% of 10-year-olds unable to understand a simple written text-this rate was 57% before the pandemic. *World Bank 2022* 



This generation of students now risks losing \$21 trillion in potential lifetime earnings in present value, or the equivalent of 17% of today's global GDP, up from the \$17 trillion estimated in 2021. *World Bank 2022* 



617 million children and adolescents cannot reach minimum proficiency levels in reading and math – even though two-thirds of them are in school. UNICEF 2023



By 2030, it is estimated that another 825 million children will not acquire the basic secondary-level skills – like transferable, digital and job-specific skills – needed to support lifelong learning and employment. UNICEF 2023 Spiritual education for young people and adults alike is essential to support wellbeing, which is why The Zahra(s) Trust Canada Global team holds Majalis for thousands of people across its areas of operation each year, focusing on the months of Ramadan, Muharram and during religious occasions. In Iraq, we also facilitate regular visits to the holy shrines so that the children can remain connected to their faith and bond with the other children.







# Learning losses from missed in-person schooling amount to 2 trillion hours of lost learning.

**UNICEF**, 2022

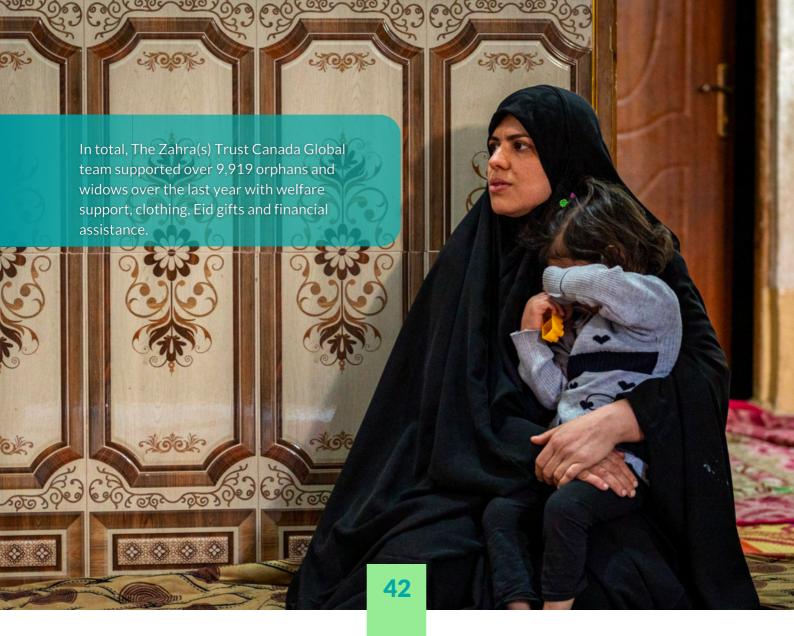
The Zahra(s) Trust Canada Global team assisted in education programs to over 19,000 people in 2022 alone across its areas of operation and plans to extend this to thousands more in the coming years.



# ORPHANS, WIDOWS & VULNERABLE FAMILIES

Among the most at risk in societies across our areas of operation are members of female-headed households. Widows often face the challenge of securing a sustainable income to provide for their children, whilst orphans are vulnerable to abuse and forced labour without the chance to enjoy a childhood. Children from disadvantaged backgrounds are much less likely to attend formal education which limits their opportunity to succeed, potentially preventing them from breaking the cycle of poverty within their generation. Often, vulnerable families are affected even more greatly than female-headed households as a result of their unique set of circumstances and The Zahra(s) Trust Canada takes care to ensure that these families are identified and cared for.

Across all of its projects, The Zahra(s) Trust Canada prioritizes orphans, widows and vulnerable families, ensuring that they receive the support they need wherever we can provide it.



### **ORPHANS & WIDOWS VILLAGE**

The Zahra(s) Trust Canada's ongoing Project 470 in Iraq is considered its flagship project in Iraq and accommodates female-headed households providing them with holistic support within its orphans and widows village. Each family has a safe and fully functioning home, while the widows receive skills training for employment, and orphans receive quality education and attend spiritual trips and classes. The village is equipped with sustainable clean water facilities, safe spaces for play and classrooms. The widows and orphans within the settlement have also formed a close-knit community and depend upon one another for advice and support. Currently, we house 20 families and are in the process of expanding and constructing more homes to accommodate even more households.

The Zahra(s) Trust Canada Global team is also conducting a pilot scheme, offering donors the opportunity to sponsor an orphan or vulnerable child to help cover expenses relating to their well-being, including education, offering one-to-one sponsorships that connect donors and their support directly to beneficiaries on the ground.

### **FINANCIAL SUPPORT**

One of the biggest burdens for struggling families is to provide for their households with critically limited means. This often means they are forced to prioritize their limited finances on basic necessities, choosing between shelter, food, medical care and medicines, clothing, shoes and clean drinking water.

Providing financial relief to struggling families helps to relieve the burden of breadwinners to provide for their children and themselves. It is one of the most dignified forms of aid, giving families a choice to make their own decisions about what they need the most and not feeling confined to accepting items they may not require over other necessities. The Zahra(s) Trust Canada provides financial aid to families in dire need, which helps relieve the stress of providing sustenance and gives them short-term support and financial freedom to purchase the items they need the most.

# WINTER AID

The bitterly cold winter months are made bearable only for those with adequate resources to shelter and sustain themselves with warmth and food. For millions of people globally, poverty makes the winter months a battle between life and death.

The Zahra(s) Trust Canada Global team's areas of operation include regions in which winter means below-zero temperatures, with vulnerable families exposed to the freezing cold without shelter or resources for heating. Snow and rainfall also are often devastating, leading to flooding, landslides and damage to shelters and homes. For this reason, The Zahra(s) Trust Canada provides solutions for homes and shelters ahead of the winter season, delivering heating fuel, heaters, blankets, warm clothes and shoes, winter coats for children and food for families.

#### Throughout the year, we've provided:

- Heaters
- Heating and cooking fuel
- Blankets
- Warm clothing
- Winter coats
- Shoes
- Shelter support
- Energy costs
- Food supplies and hot meals



We supported over 2,900 people across our areas of operation with winter aid





Due to the global fuel crisis, 78–141 million people worldwide could be pushed into extreme poverty.



Families who are poor are four to five times more likely to live in cold homes, and more than 30% of lower-income houses cannot keep their houses warm globally.

WHO 2022



Five million people die a year simply from being unable to adjust to temperature changes.

LANCET PLANETARY HEALTH 2021

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# SOME EXCITING NEWS!

The Zahra Trust has been part of the local community in London, England for some time, paving paths for people to reach vulnerable communities worldwide with a lifeline of support.

Now in the final stages of construction, The Zahra Trust team is proud to announce that it is establishing a permanent base in Bunt Oak, London, in order to serve local communities as well as provide a base for its UK operational work to serve people in need across its areas of operation, particularly the young and those with disabilities. As the cost-of-living crisis continues to affect an increasing number of families in the UK, we also turn our attention to serving the disadvantaged in our society who are increasingly in need of help to survive.

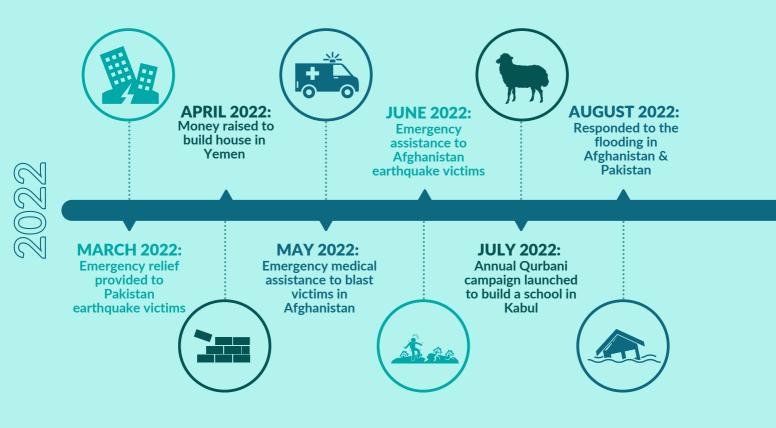
With facilities including a community safe space and prayer hall for men and women, we will also hold religious education activities, community events and provide third party essential health and wellbeing services, facilitating access to those in need across London communities.

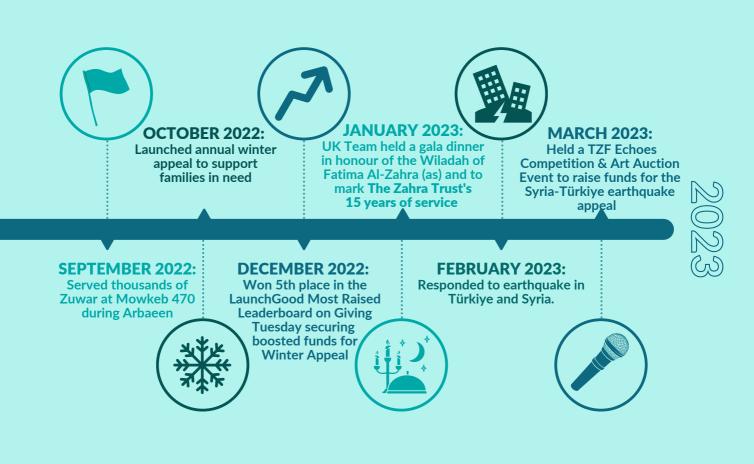


Those who in charity spend of their goods by night and by day, in secret and in public, have their reward with their Lord: on them shall be no fear, nor shall they grieve.

One way

Surah Al-Baqarah, Verse 274





## PROJECT 470: A MOWKEB & MORE

Throughout the Arbaeen period, millions of Zuwar flock to Iraq to take part in the walk from Najaf to Karbala. The stops or Mowkebs along the way form part of the sincere generosity that people show to the Zuwar of Imam Hussain (a.s), providing food and services to them as they undertake the long journey, often on foot.

The Zahra(s) Trust Canada's Iraq building, at pole 470 along the route, becomes a Mowkeb at this time, serving hundreds of thousands of Zuwar along the way, with a team of hundreds of volunteers that work night and day providing:





### **DURING THE ARBAEEN PERIOD WE:**

- Prepared and distributed over 166,820 hot meals to Zuwar
- Provided food items, water and services to over 325,246 people in total

This building is not only a Mowkeb but also a site for The Zahra(s) Trust Canada Iraq team to provide aid throughout the year and is home to its Orphans and Widows village.

To find out more, visit: https://zahratrust.ca/project470

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# THE ZAHRATRUST IN CANADA

Throughout the year, The Zahra(s) Trust Canada team also focused on initiatives at home, such as food insecurity, children's aid, youth engagement, senior assistance, and burial cost coverage for the underprivileged within the community.

This enabled our team to strengthen bonds with the local and national communities. Our trustees, volunteers and staff thoroughly enjoyed collaborating with various local groups and were humbled by the kindness, support and generosity they each experienced while representing The Zahra(s) Trust Canada.

### **YOUTH ENGAGEMENT**

The Zahra(s) Trust Canada focused on including the youth from the community to volunteer, instilling a sense of giving back. We thank their hard work for embracing our charitable initiatives and helping make our work possible.



### The Zahra Foundation

### **TOYS & BOOKS DRIVE**

The rising cost of living meant struggling families were pushed to the breaking point. They cannot afford to buy their children toys, books and sports equipment essential for their learning and development. TheZahra(s) Trust Canada team rallied local communities to donate toys.

books and sports equipment for distribution to families living on welfare within the GTA. We are so grateful to all who gave so generously in the spirit of community as well as the volunteers who spent the day sorting, packing, and delivering the items to little smiling faces.

# WINTER GEAR & SCHOOL SUPPLIES

When a Peel District School reached out to us to help students aged 12, 13 and 14 with winter clothing and school supplies, we delivered the needed items. We strive to provide for underprivileged children, so they can focus on their learning and growth instead of worrying about keeping warm in the extreme winter temperatures.



### **FOOD INSECURITY**

The Zahra(s) Trust Canada responded to food insecurity by partnering with several food banks and non-profit organizations to distribute hundreds of food boxes across the Greater Toronto Area (GTA), including staple meal items and meat.

A portion of these parcels was catered to address the specific needs of seniors and high-risk patients with dietary restrictions.



In 2022, 6.9 million people in the ten provinces, including almost 1.8 million children, lived in a food-insecure household. This is a considerable increase from 2021 during a period of unprecedented inflation. PROOF 2023



### **REGENT PARK MEAL SERVICE**

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Winter can be incredibly challenging for vulnerable groups in Canada. The Zahra(s) Trust Canada collaborated with a local food bank in Toronto to offer a meal service for those in need. With the support of our dedicated volunteers and generous donors, we provided 500 freshly made hot meals to vulnerable individuals in the community.

This initiative not only helped to alleviate hunger but also brought people together in a meaningful way. We are grateful for the opportunity to make a positive impact and look forward to continuing our efforts in the future.

### SUPPORT FOR SENIORS

The COVID-19 pandemic posed numerous challenges, particularly for senior citizens who were left feeling isolated and experiencing mental health issues. As per Islamic teachings, it is our duty to extend a helping hand to those in need, including the elderly, and spend quality time with them to make them feel valued and connected.

To foster a sense of community among the otherwise lonely and dependent seniors, The Zahra(s) Trust Canada organized a Senior outing to the Toronto Zoo and Ripley's Aquarium. This fun-filled activity helped improve their overall mental and physical wellness. We took care of their transportation and food requirements and made sure the outings were accessible to seniors with disabilities. Our community partners graciously sponsored these trips, and we express our heartfelt gratitude for making this initiative a success.



### **BURIAL COST COVERAGE**

The Zahra(s) Trust Canada provides valuable support to families facing financial difficulties when it comes to burying their loved ones. By doing so, they ensure that those who have passed away are laid to rest with the dignity they deserve while also easing the burden on their grieving families. It is a noble cause that highlights the importance of compassion and community support.

### VOLUNTEERING

Charities rely on volunteers as their essential backbone. These individuals selflessly give their time and effort to restore hope in humanity. Last year, we hosted virtual programs to raise awareness among the youth in our community about the importance of volunteering in society.

### SPREAD THE WORD ABOUT YEMEN

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A walkathon was organized by The Zahra(s) Trust Canada in Toronto to commemorate Eid-e-Zahra and Milad-e-Nabi while also bringing attention to the ongoing Yemen crisis. The event included various fun activities, games, and delectable food, catering to people of all age groups.

The walkathon proved to be a triumph as it motivated the attendees to support the fundamental needs of the Yemeni people who are struggling. Such events serve as a crucial platform to connect with the community, understand their requirements and interests, and encourage youth engagement in noble causes.

### TZF ECHOES EVENT

A fantastic collective of male participants graced our stage at TZF Echoes Competition to showcase their talent in reciting Qur'an, Manqabat, Nasheed & Poetry recitation, all in efforts to raise funds for the Syria Türkiye Earthquake Appeal. It proved a successful event supported extensively by our generous sponsors and the art auction powered by incredible artists in the community. The funds raised will provide critical aid and support to those affected by the earthquake, helping rebuild shattered lives and communities.

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# VOLUNTEERING

#### Volunteers are the backbone of the entire charity sector, and this could not be more true at The Zahra(s) Trust Canada.

We are proud and honoured to work with so many talented, skilled and committed volunteers from all backgrounds across the country who choose to make The Zahra(s) Trust Canada their charity of choice for giving the most valuable thing; their time. We owe our sincerest gratitude to each and every one of them for their hard work and dedication.

Some of the voluntary opportunities we have had this year included:

- Tabling opportunities  $\langle \checkmark \rangle$ 
  - Community outreach
  - Administrative & marketing support
  - **Event support**

If you would like to volunteer with The Zahra(s) Trust Canada, please visit: www.zahratrust.ca/get-involved

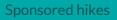
#### Our creative volunteer-led initiatives also included:











- Events
  - Bake sales Charity iftars Fundraising pages



### RELIGIOUS DUES & SERVICES

The Zahra(s) Trust Canada is expertly positioned to help you fulfil your religious dues and provide access to religious services.

We have written permission (Ijazah) from the majority of the leading Maraje'; may Allah (swt) grant them a long life.

We ensure that religious dues are taken and distributed to those most in need in accordance with Islamic jurisprudence.

Some of our services include:



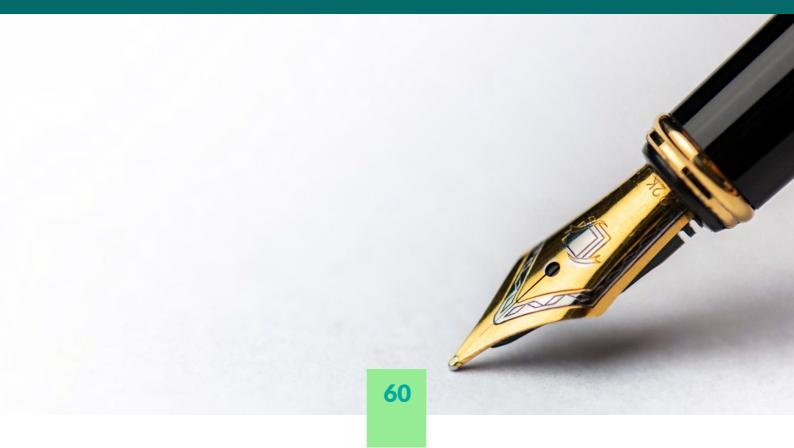
**Khums** 

🖉 Fidya & Kaffarah

Zakat al Fitr/ Fitriyah/Fitrana

S Islamic Will Writing

For more information about our religious dues and services, please contact us at: info@zahrafoundation.ca or visit www.zahratrust.ca



# USE OUR KHUMS CALCULATOR





#### Savings end of the year

Annual	business	profits	&
assets			



Unused gifts (in a full year)

**\$** 0

**\$** 0

Q

**\$** 0

Unused items (in a full year'

DONATE

### WHY MAKE THE ZAHRA(S) TRUST CANADA YOUR CHARITY OF CHOICE?

- With over a decade of experience and with the consistent exponential growth of our operations on the ground each year, we are expertly positioned to deliver aid internationally on your behalf, facilitating a variety of innovative solutions to poverty and services to those most in need.
- We employ our own dedicated teams of experts in the field of humanitarian aid across our areas of operation with specialist local knowledge.
- Through our local teams, we are poised to respond to crises as they unfold.
- 100% Islamic dues policy.
- The Zahra(s) Trust Canada is often the only NGO operating in remote and hard-to-reach areas, which means we are able to benefit underserved, isolated and marginalized communities.
- We fed more people than ever between 2021-2022, and we continue to expand our food program each year to reach more, addressing the issues of food insecurity and malnutrition.
- We employ sustainable and holistic solutions to chronic poverty in order to prevent the need for ongoing or emergency aid.
- We are highly adaptable to the constantly changing environments of our areas of operation and the world, which is why we are able to respond to changing needs swiftly.
- We empower communities through the direct consultation and participation of community leaders and members.
- Our programs are developed and applied with the context of each area and culture in mind.
- We are able to identify where aid is most needed as well as beneficiaries that are most in need through the application of effective needs assessment processes.
- Our head operating unit, The Zahra Trust, is an NGO in special consultative status with the Economic and Social Council of the United Nations (ECOSOC) since 2017.

# **BECOME A SUPPORTER**

There are many more ways to support The Zahra(s) Trust Canada than donating, from volunteering to raising awareness and starting your own fundraiser.

It is a great feeling to rally the support of your friends, family and social media followers to give to a cause that is dear to you. At The Zahra(s) Trust Canada, we have numerous initiatives across continents that make a difference to families in need yearly.

We have compiled a fundraising toolkit to help you organize your own fundraiser for the cause of your choice.

You can also contact our team, who can offer you advice and support throughout the process; tag us in your fundraising social media post so we may share the post on our social story to boost your reach!



# **CONTACTUS**



info@zahrafoundation.ca

# FOLLOW US

@thezahratrustca

# WAYS TO DONATE



www.zahratrust.ca/donate



E-transfer to accounts@zahrafoundation.ca



Bank Transfer:

Account name: The Zahra(s) Trust Canada Transit Number: 10582 Institution Number: 004 Account number: 5009362 Branch address: TD Canada Trust 11730 Yonge St. Richmond Hill, ON L4E 0K4

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My Lord if only You would delay me for a brief term so I would give charity and be among the righteous.

Surah Al-Munāfiqūn, Verse 10

